

Get through exams with the STUVO study planner!



## TIPS



Make a concrete and realistic study plan



Move and get some fresh air in time



Get a good night's sleep



Believe in yourself!

	MONDAY ..... /.....	TUESDAY ..... /.....	WEDNESDAY ..... /.....	THURSDAY ..... /.....	FRIDAY ..... /.....	SATURDAY ..... /.....	SUNDAY ..... /.....
MORNING							
AFTERNOON							
EVENING							
	MONDAY ..... /.....	TUESDAY ..... /.....	WEDNESDAY ..... /.....	THURSDAY ..... /.....	FRIDAY ..... /.....	SATURDAY ..... /.....	SUNDAY ..... /.....
MORNING							
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